

Future Life Brainstorming Questions

Here's How You Get Started

Become a dream maker! Articulate all the details you can on how your calling makes you feel, day in and day out. Stay out of your head and follow your heart. Picture yourself:

♥ *Where would you like to see yourself in three to five years? Include any elements that come to mind about life, including work, family, financial, or personal life.*

♥ *What are your coworkers like?*

♥ *What is your boss like?*

♥ *If you are self-employed, what is your workday like?*

♥ *At your job, what would you love to do daily? Is that what you did today at work?*

♥ *Why did you choose your current career path? Does it excite you today?*

♥ *When you were a child, what were your dreams? What makes you joyful today?*

♥ *What have you always wanted to do?*

♥ *Do you have any regrets?*

♥ *What desires have you been negotiating away due to “life circumstances”?*

♥ *From a family life perspective, what have you always been drawn to?*

♥ *What is on your back-burner?*

♥ *What keeps you from doing it?*

♥ *Do people tell you that you are crazy for thinking the way you do? Great! That means you’re really close to having it all.*

♥ *What physical ailments or mental blocks concern you?*

In my book *Awaken Your Wealth*, I share my very best professional advice on financial planning, savings, investments, and insurance. This includes the following observations from my personal and professional experiences:

- ♥ Feeling + thinking = financial healing.
- ♥ Thinking includes dreaming big about your life and seeing that your potential truly has no limitations.
- ♥ Feeling is experiencing the emotions pulsating through your body and allowing yourself to visualize what it will be like living those dreams right now—so you feel as if they have already materialized.
- ♥ Express gratitude for the fulfillment of your dreams and give thanks as if they are already manifested—and they will!

For more on how to grow into financial independence with confidence and knowledge, check out *Awaken Your Wealth*.



Julie ❁

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